

# ISNPR

## INTERNATIONAL SOCIETY FOR NUTRITIONAL PSYCHIATRY RESEARCH

INAUGURAL MEETING IN TOKYO - 21 JUNE 2013 - NATIONAL INSTITUTE OF HEALTH AND NUTRITION, TOKYO

### PROGRAM

<b>9.00am - 9.30am</b>	Reception
<b>9.30am - 9.40am</b>	Welcome Address - A/P Jacka and Dr Mizoue
<b>9.40am - 10.30am</b>	Keynote Lecture: Can we prevent depression by modifying diet? - A/P Jacka (Australia)
<b>10.30am - 10.45am</b>	Coffee Break and Poster
<b>10.45am - 12.15pm</b>	Overview of Nutritional Psychiatry (Chair: Prof Su and Dr Matsuoka) <ul style="list-style-type: none"><li>• A historical perspective on nutritional psychiatry - Dr Jonsson (Sweden)</li><li>• Epidemiologic approach for nutritional psychiatry - Dr Mizoue (Japan)</li><li>• Omega-3 in depression: the biological, therapeutic and preventative implications - Prof Su (Taiwan)</li><li>• Biology for the role of nutrients in psychiatric disorders - Dr Maekawa (Japan)</li><li>• Summary of poster presentation (1)</li></ul>
<b>12.15pm - 1.30pm</b>	Lunch (Bento) and Poster
<b>1.30pm - 2.45pm</b>	Observational Studies and Reviews (Chair: A/P Jacka and Dr Nishi N) <ul style="list-style-type: none"><li>• Healthy diet for the prevention of depression and suicide - Dr Nanri (Japan)</li><li>• The role of nutrition in late-life depression - Dr Chiu (Taiwan)</li><li>• Living circumstances and dietary patterns of Great East Japan Earthquake victims - Dr Nishi N (Japan)</li><li>• Fatty acid metabolism and the onset of psychosis - Prof Amminger (Australia)</li><li>• Summary of poster presentation (2)</li></ul>
<b>2.45pm - 3.00pm</b>	Coffee Break and Poster
<b>3.00pm - 4.50pm</b>	Intervention Studies (Chair: Dr O'Neil and Dr Nishi D) <ul style="list-style-type: none"><li>• A double-blind, randomized, placebo controlled trial of the efficacy and safety of micronutrients for the treatment of ADHD in adults - Dr Rucklidge (New Zealand)</li><li>• Diet as a therapeutic target in depression: A randomized controlled trial - Dr O'Neil (Australia)</li><li>• Fish oil for attenuating posttraumatic stress symptoms among rescue workers after the Great East Japan Earthquake: A randomised controlled trial - Dr Nishi D (Japan)</li><li>• Omega-3 fatty acids versus placebo for secondary prevention of PTSD after accidental injury: A randomised controlled trial - Dr Matsuoka (Japan)</li><li>• Stress and earthquakes: a case control and RCT of micronutrients - Dr Johnstone (New Zealand)</li><li>• Summary of poster presentation (3)</li></ul>
<b>4.50pm - 5.00pm</b>	Summary and future directions - A/P Jacka (Australia)
<b>5.00pm - 5.05pm</b>	Closing
<b>5.30pm - 7.30pm</b>	Banquet

### CONTACTS

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<b>Program committee:</b>	Yutaka Matsuoka, Miki Miyoshi, Tetsuya Mizoue, Akiko Nanri, Daisuke Nishi, Nobuo Nishi

### VENUE INFORMATION

<b>Venue:</b>	National Institute of Health and Nutrition (Tokyo, Japan)
<b>Website:</b>	<a href="http://www0.nih.go.jp/eiken/english/index.html">http://www0.nih.go.jp/eiken/english/index.html</a>
<b>Map:</b>	<a href="http://www0.nih.go.jp/eiken/english/map_e.html">http://www0.nih.go.jp/eiken/english/map_e.html</a>

### RECOMMENDED ACCOMMODATION

Hotel Sunroute Higashi Shinjuku  
<http://www.hotelsunroutehigashishinjuku.jp/en/>

Conference staff will guide participants from this hotel to NIHN (15 min walk) in the morning. Please arrange and pay for accommodation by yourself.