



The 10th Asian Network Symposium on Nutrition Sustainable Healthy Diet through Healthy Food Environment for Children in Asia and the Pacific

Date: January 18, 2022 (Tuesday)
10:00–13:00 (JST)

Venue: Online (live streaming)

Host: National Institute of Health and Nutrition (NIHN), National Institutes of Biomedical Innovation, Health and Nutrition (NIBIOHN) (WHO Collaborating Centre for Nutrition and Physical Activity)

Supporting bodies: Ministry of Health, Labour and Welfare, Japan; The Japan Dietetic Association; and The Japanese Society of Nutrition and Dietetics

Food environments differ enormously depending on the context. They can be extensive and diverse, with a seemingly endless array of options and price ranges, or they can be sparse, with very few options which will affect the consumer's choice and eating behavior. Creating a healthy food environment enables people to easily adopt sustainable and healthy dietary practices. Effective actions by policy-makers include: 1) coordinating trade, food system and agricultural policies with the protection and promotion of public health; 2) encouraging consumers' demand for healthy foods and meals; and 3) promoting healthy nutrition across the life course. The unhealthy food environment negatively influences especially child dietary patterns, driving increases in childhood overweight and obesity (WPRO, 2020).

The 10th Asian Nutrition Network Symposium aims to provide an opportunity to discuss challenges and future strategies of a sustainable healthy diet in preventing and controlling childhood obesity by sharing experiences and policies in Asia Pacific countries from the viewpoint of a healthy food environment.

【The participation application】

This symposium will be held in a roundtable format (English only).

If you would like to participate as an observer, please register the above items from the following link **by January 11, 2022**.

URL for participation application

<https://form.run/@nibiohn-symposium2022>

QR code →



Secretariat: YAMAGUCHI Miwa

Section of International Nutrition Strategy, International Center for Nutrition and Information, NIHN, NIBIOHN

Inquiry form URL: <https://ws.formzu.net/dist/S23361169/>

Program

10:00 Opening Address

Dr. TSUGANE Shoichiro
(President of the NIHN, NIBIOHN)

10:05 Symposium

Chairpersons: **Dr. NISHI Nobuo**
(Chief of International Center for Nutrition and Information, NIHN, NIBIOHN)

Dr. Juliawati UNTORO
(Technical lead for Nutrition, WHO/WPRO)

Keynote Lecture: Protecting children from the harmful impact of food marketing in the Western Pacific

Dr. Juliawati UNTORO
(Technical lead for Nutrition, WHO/WPRO)

Country Report:

Food marketing and advertising practices: a case study from Fiji

Dr. Gade D. WAQA
(Associate Professor of College of Medicine Nursing & Health Sciences, Fiji National University, Fiji)

Imports of sweetened beverages to Pacific Island countries

Prof. Colin BELL
(Professor of Public Health, School of Medicine, Deakin University, Australia)

11:25~11:35 Break

The current status of food environmental policies in private and government sectors in Vietnam

Dr. Tran Khanh VAN
(Head of Human Resources and Administration, Department of Micronutrients, National Institute of Nutrition, Vietnam)

School lunches in Japan: their contribution to healthier nutrient intake

Dr. ASAKURA Keiko
(Associate Professor of Department of Environmental and Occupational Health, School of Medicine, Toho University, Japan)

12:25-12:55 Discussion

Panelists

• **Dr. OGUMA Yuko** (Associate Professor of Research Centers and Institutes Sports Medicine Research Center, Keio University)

• **Dr. MORISAKI Naho** (Chief of Department of Social Medicine, National Center for Child Health and Development)

• **Dr. TAKIMOTO Hidemi** (Chief of Department of Nutritional Epidemiology and Shokuiku, NIHN, NIBIOHN)

12:55-13:00 Closing Address

Dr. TAKIMURA Kayo
(Director for Research Coordination and Evaluation, NIHN, NIBIOHN)