The 6th Asian Network Symposium on Nutrition
Improvement of Social Environment for Healthy Diet
Date: March 12, 2014 (Wednesday) 13:30～17:30
Venue: National Institute of Health and Nutrition
1-23-1, Toyama, Shinjuku, Tokyo, 162-8636

Background
The National Institute of Health and Nutrition (NIHN), established in 1920, is the world’s oldest national research institute in the field of nutrition.

“Asian Network Symposium on Nutrition” is the main international symposium hosted by the NIHN, which has been held once every two year since 2004. The first symposium entitled “Optimizing Maternal and Child Nutrition for the Prevention of Chronic Diseases” was held in January 2004, followed by the second one entitled “Nutrition Reference and Dietary Recommendation in Asian Countries ~ from nutrition science to policy~ (March, 2006), the third one entitled “Nutrition Monitoring and Community Nutrition Programs for National Health Promotion in Asian countries (March, 2008)”, the 4th one entitled “Nutrition Education Program for National Health Promotion in Asian Countries: a Focus on School-based Program (September 2010)” and the 5th one entitled “Food Security for Maternal and Child Nutrition in Asian and Pacific Countries (March 2012)”. At each symposium, nutrition researchers and professionals, both in Japan and abroad, were invited for the academic debates and exchange of views on the issues related to the sub-theme.

Recently, noncommunicable diseases (NCDs) prevention and control has been recognized as one of the prioritized global health issues. Worldwide in Japan, the 2nd Health Japan launched in 2013 also sets the goals to improve diet-related lifestyle and social environment.

At the upcoming 6th symposium, following the keynote address on WHO strategy to improve social environment to encourage people to practice healthy diet, country reports of each invited country will be presented. Based on which, we expect to deepen the debates on present situation and future direction of each country and the Asian region.

Program

13:30 Opening Address
Dr. Suminori Kono (President, NIHN)

13:40 Symposium
Chairpersons: Dr. Nobuo Nishi
(Chief, Center for Collaboration and Partnership, NIHN)
Dr. Tee E Siong
(President, Nutrition Society of Malaysia, Malaysia)

Dr. Katrin Engelhardt
(Technical Officer for Nutrition, WHO/WPRO)

Country report
Improvement of Social Environment for Healthy Diet – Malaysia Country report
Dr. Tee E Siong
(President, Nutrition Society of Malaysia, Malaysia)

Trends of Food Consumption and Challenges of Alcoholic Drinks, Food Safety and Fast Food in Vietnam
Dr. Le Thi Hop
(President, Vietnam Nutritional Association)

The Change of Nutritional and Health Status of People in China
Dr. Guansheng Ma
(Deputy Director, National Institute for Nutrition and Food Safety, China CDC, China)

15:30～15:50 Coffee Break

Establishment of Social Environment through Improved Food Environment toward Extension of Healthy Life Expectancy in Japan
Dr. Yukari Takemi
(Professor, Nutrition and Ecology, Department of Nutrition Science, Kagawa Nutrition University, Japan)

Designated Presentation “Investigation of Commodity Food Standards and Food Additives in East Asia”
Dr. Hiroaki Hamano
(Advisor, ILSI Japan)

16:30 Open Discussion

Debaters:
Dr. Chizuru Nishida (Coordinator, Nutrition Policy and Scientific Advice Unit, Department of Nutrition for Health and Development, WHO)
Dr. Leng Huat Foo (Senior Lecturer, Universiti Sains Malaysia, Malaysia)
Dr. Midori Ishikawa (Senior Researcher, National Institute of Public Health)
Dr. Hidemi Takimoto (Chief, Department of Nutritional Epidemiology, NIHN)

17:20 Closing Address
Dr. Hiroshi Maruyama (Executive Director, NIHN)

Secretariat: Miki Miyoshi (Section of International Nutrition Research and Development, NIHN)
E-mail: mikimiy@nih.go.jp

Supporting bodies:
* Ministry of Health, Labour and Welfare, Japan
* The Japan Dietetic Association
* The Japanese Society of Nutrition and Dietetics
* Japan Society of Nutrition and Food Science