

Challenges to Obesity Prevention

US–Japan Workshop, August 29, 2008

*International Medical Center of Japan,
International Cooperation Bureau, 5F Large Conference Room
(1-21-1 Toyama, Shinjuku-ku, Tokyo 162-8655, Japan)*



- 13:00-13:05 Introduction & Welcome:
Dr. Shaw Watanabe & Nobuyo Tsuboyama-Kasaoka (NIHN, Japan)
- 13:05 -13:30 **Dr. Robert Jeffery (University of Minnesota, USA)**
Environmental Effects on Energy Balance: An Experiment on Portion Size
- 13:30-13:55 **Dr. Alex Rothman (University of Minnesota, USA)**
Linking Theory to Practice: Promoting the Initiation and Maintenance of Behavior Change
- 13:55 -14:20 **Dr. Simone French (University of Minnesota, USA)**
Family-based obesity prevention targeting television, eating and physical activity: The Take Action study
- 14:20 -14:40 **Dr. Akemi Morita (NIHN, Japan)**
Intervention program for obesity prevention: The Saku Control Obesity Program (SCOP)
- 14:40-15:00 **Dr. Shigeho Tanaka (NIHN, Japan)**
Determinants of total energy expenditure and significance of physical activity
- 14:40-15:00 **Break**
- 15:20 -15:40 **Dr. Naomi Aiba (NIHN, Japan)**
“Shokuiku” (National Dietary Education) promotion in Japan
- 15:40-16:05 **Dr. Sharon Hoerr (Michigan State University, USA)**
Eat healthy, your children are watching--mother-child dietary concordance and feeding issues of young children
- 16:05-16:30 **Mr. Scott Shimotsu, MPH (University of Minnesota, USA)**
Using Food Receipts To Measure The Neighborhood and Home Food Environment
- 16:30-16:50 **Dr. Tetsuya Kubota (NIHN, Japan)**
Approach to Education of Obesity with Type 2 Diabetes
- 16:50 -17:15 Open Discussion: Moderator **Dr. Melissa Melby (NIHN, Japan)**
• Challenges • Next Steps
- 17:15 -17:20 Summary & Conclusions
Dr. Shaw Watanabe
- 17:20 Adjourn

Language: English

Contact: Nobuyo Tsuboyama-Kasaoka (ntsubo@nih.go.jp)

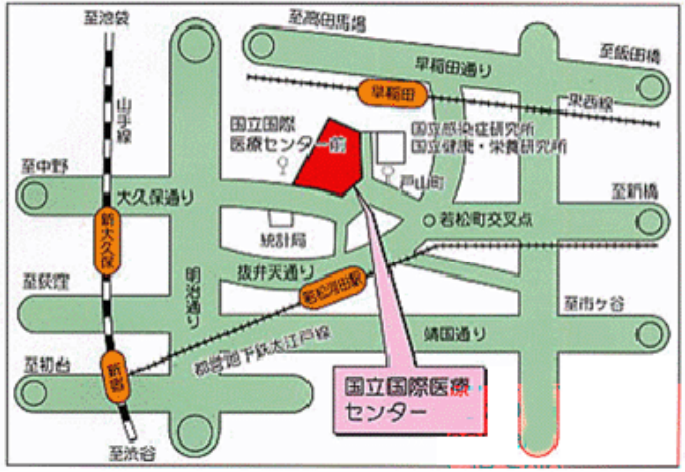
National Institute of Health and Nutrition

On-Line Registration URL: <http://www.linkdediet.org/hn/modules/eguide/>

Access map for International Medical Center of Japan

Parking is limited due to refurbishment of our parking lot. The workshop participants are encouraged to use public transportation. We appreciate your cooperation, thank you.

国立国際医療センター位置図



国立国際医療センター

- ① 都営地下鉄大江戸線 若松河田駅より徒歩5分
 - ② 営団地下鉄東西線 早稲田駅より徒歩15分
 - ③ JR大久保駅又は新大久保駅より都営バス「新橋駅行き」(約10分) → 国立国際医療センター下車
 - ④ JR新宿駅(西口)より都営バス「医療センター経由女子医大行き」(約20分) → 国立国際医療センター下車
-
- ① About 5 minutes from the Toei OEDO Subway Line Wakamatsukawada station.
 - ② About 15 minutes walk from the EIDAN TOZAI subway Line Waseda station.
 - ③ About 10 minutes by bus (for Shinbashi station) from JR Okubo or Shin-Okubo station. Get off at the IMCJ stop.
 - ④ About 20 minutes by bus (for Joshi-ikai via the Iryo-center) from JR Shinjuku station (west exit). Get off at the IMCJ stop.

Floor map

The Workshop venue is located in the 5th floor of the building for “Bureau of International Medical Cooperation”

Building for “Bureau of International Medical Cooperation”

