



## IUNS Workshop on Capacity and Leadership Development in Nutritional Sciences

*Third announcement*



The International Union of Nutritional Sciences (IUNS) has organized Nutrition Leadership Training programs in various regions after Capacity Building guidelines were developed by IUNS and United Nations University (UNU) in 1996. Following three IUNS Nutrition Leadership Training programs held in Asian region (China, Korea and Taiwan) in 2008, the 4<sup>th</sup> one will be held in Japan as an international workshop with an aim to develop leadership among young researcher and practitioners in the field of nutrition in Asian Regions. Participants are expected to acquire knowledge and skills required for leadership development through the lectures (including field trip), as well as by sharing their interests and country-specific issues at discussion. We really look forward to your active participation at the workshop.

### 1) Local Organizing Committee

IUNS committee of the Science Council of Japan  
The Japanese Society of Nutrition and Dietetics  
The Japanese Society of Nutrition and Food Science  
The National Institute of Health and Nutrition, Japan

### 2) Date and Venue

Date: September 7 (Tue) 9:30am ~ September 9 (Thu) 7:00pm, 2010  
Venue: National Institute of Health and Nutrition (Shinjuku, Tokyo) and facilities for field trip

### 3) Aim

The main purpose of the upcoming IUNS workshop is **to develop capacity and network in the field of nutrition sciences and its practical application through leadership training program for young researchers, so as to promote health and nutrition in Asian regions.**

### 4) Program components of workshop

Program is consisted of “Lecture (including symposium)”, “Field Trip”, “Group Work” and “Presentation” for the following three topics. (Each participant is supposed to select one topic)

Topic	Objectives	Field trip	Group work
<b>“Shokuiku” at national level: a focus on School Meal Program and its related policies</b>	<ul style="list-style-type: none"> <li>- To understand nutrition education methodology (in particular, school lunch system) in each country</li> <li>- To understand historical background of Japanese school lunch system, as well as nutrition education methodology (including hygiene management) in Japan</li> <li>- To learn national legislation system related to “Shokuiku”, and to understand roles of registered dietitian/dietitian as a key player of “Shokuiku”.</li> </ul>	Observation of school lunch system and facility at elementary school, and its tasting at classroom	<ol style="list-style-type: none"> <li>1) A brief lecture on overviews of school lunch system will be provided before field trip.</li> <li>2) Overseas participant and Japanese one works in pairs, and discuss the possible activity of this field in each country.</li> </ol>
<b>Nutrition and Community Empowerment</b>	<ul style="list-style-type: none"> <li>- To propose framework for assessment, monitoring and evaluation of community-based activity toward nutritional improvement</li> <li>- To learn the process to formulate framework with utilizing past experience (where assessment was incorporated) of each participant</li> <li>-To discuss important view at each level (community, country, regional, global) using the framework formulated</li> </ul>	Observation of community assessment scheme at municipal health centers	<ol style="list-style-type: none"> <li>1) Exchange information on internationally used approach for assessment at community level</li> <li>2) Exchange opinions on important view for assessment at community level</li> <li>3) Incorporate findings of field trip in (1)(2)</li> <li>4) Formulate framework with important view for assessment</li> <li>5) Prepare proposal to conduct assessment in the participant’s country using framework in (4)</li> </ol>
<b>Functional Food</b>	<ul style="list-style-type: none"> <li>- To understand overviews of functional food and discuss “What is required in functional food?” (e.g. type of function, safety of functional food)</li> <li>- To understand overviews of “Food for Specified Health Uses (FOSHU)” and food labeling system in Japan, and discuss its significance, current problem and challenges</li> <li>- To understand structure of functional component and its mechanism</li> </ul>	Introduction and tour at factory of food technology development center	<ol style="list-style-type: none"> <li>1) Introduce current situation on food research and related policies in each participant’s country (including FOSHU system in Japan)</li> <li>2) Discuss safety of functional food</li> <li>3) Outline type and structure of functional components and its mechanism</li> </ol>

Note “Shokuiku”: Food and nutrition education

5) Schedule of the workshop (Tentative)

Time	September 7 (Tue)	September 8 (Wed)	September 9 (Thurs)
a.m.		LECTURE (Functional food) 8:00-8:30	LECTURE (Community Empowerment) 8:00-8:30
		GROUP WORK(2) 8:30-10:30	GROUP WORK(4) 8:30-15:30 <i>Including lunch &amp; introduction of NIHN(2)</i>
	Opening/Orientation 9:30-10:00		
	Keynote Lecture 10:00-10:45		
	Coffee break 10:45-11:15	Field Trip(2): elementary school (near from NIHN, two schools) 10:45-13:15 <i>Including lunch</i>	
GROUP WORK (1) 11:15-12:00			
12:00-13:00	Lunch break		
p.m.	13:00-18:00 Field Trip(1): (divided to two sub groups) i) Community Programs ii) Functional Food	Introduction of NIHN (1) 13:15-13:45	
		14:00-17:30 The 4 <sup>th</sup> Asian Network Symposium on Nutrition (NIHN)	Coffee break 15:30-16:00
			GROUP PRESENTATION 16:00-18:00
night	18:00- (up to 20:00) Group work or Dinner	18:00- (up to 20:00) GROUP WORK (3)	18:00-19:00 Farewell party and closing

# NIHN: National Institute of Health and Nutrition

5) Principal local organizing members

1. Representative, IUNS Committee of the Science Council of Japan  
Makoto Shimizu (Professor, Graduate School of Agricultural and Life Sciences, University of Tokyo)
2. Chair of the Organizing Committee  
Shigeru Yamamoto (Professor of International Nutrition, Ochanomizu University Graduate School)
3. Chair of the Executive board  
Shinkan Tokudome (Director-General, National Institute of Health and Nutrition)
4. Chief of the Secretariat  
Nobuo Yoshiike (Chairman of Department of Nutrition, Aomori University of Health and Welfare)

6) Expected number of participants and eligibility

About 30-35 participants (10-15 from Asian countries and 20 from Japan)

Eligibility criteria for application include;

- Working/research experience in the field of community nutrition or/and nutrition sciences
- Communication skills (including discussion) in English
- Highly motivated personal with future leadership in community nutrition or/and nutrition sciences
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**Note: All the participants are supposed to participate in the program for 3 days throughout.**

7) Participation fee:

Participation fee is free of charge. For overseas participants, minimum travel expenses (air-fares and accommodation) during the IUNS workshop will be covered by the Local Organizing Committee.

8) Application

Applications will be accepted from May 10, 2010. (Deadline: June 10, 2010)

More detail information will be available at the website of Japanese Society of Nutrition and Dietetics (<http://www.jade.dti.ne.jp/~kaizen/>).

**Contact / Submission of the Application**

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Participants from abroad in this workshop are also able to take part in the 57th Annual Academic Meeting of the Japanese Society of Nutrition and Dietetics in Saitama from September 10th through 12th without paying registration fees (excluding the banquet). If you are interested in the conference, please refer to <http://www.ilcc.com/57kaizen/>