PROGRAM

9.00am - 9.30am Reception
9.30am - 9.40am Welcome Address - A/P Jacka and Dr Mizoue
9.40am -10.30am Keynote Lecture: Can we prevent depression by modifying diet? - A/P Jacka (Australia)
10.30am - 10.45am Coffee Break and Poster
10.45am - 12.15pm Overview of Nutritional Psychiatry (Chair: Prof Su and Dr Matsuoka)
   • A historical perspective on nutritional psychiatry - Dr Jonsson (Sweden)
   • Epidemiologic approach for nutritional psychiatry - Dr Mizoue (Japan)
   • Omega-3 in depression: the biological, therapeutic and preventative implications - Prof Su (Taiwan)
   • Biology for the role of nutrients in psychiatric disorders - Dr Maekawa (Japan)
   • Summary of poster presentation (1)
12.15pm - 1.30pm Lunch (Bento) and Poster
1.30pm - 2.45pm Observational Studies and Reviews (Chair: A/P Jacka and Dr Nishi N)
   • Healthy diet for the prevention of depression and suicide - Dr Nanri (Japan)
   • The role of nutrition in late-life depression - Dr Chiu (Taiwan)
   • Living circumstances and dietary patterns of Great East Japan Earthquake victims - Dr Nishi N (Japan)
   • Fatty acid metabolism and the onset of psychosis - Prof Amminger (Australia)
   • Summary of poster presentation (2)
2.45pm - 3.00pm Coffee Break and Poster
3.00pm - 4.50pm Intervention Studies (Chair: Dr O’Neil and Dr Nishi D)
   • A double-blind, randomized, placebo controlled trial of the efficacy and safety of micronutrients for the treatment of ADHD in adults - Dr Rucklidge (New Zealand)
   • Diet as a therapeutic target in depression: A randomized controlled trial - Dr O’Neil (Australia)
   • Fish oil for attenuating posttraumatic stress symptoms among rescue workers after the Great East Japan Earthquake: A randomised controlled trial - Dr Nishi D (Japan)
   • Omega-3 fatty acids versus placebo for secondary prevention of PTSD after accidental injury: A randomised controlled trial - Dr Matsuoka (Japan)
   • Stress and earthquakes: a case control and RCT of micronutrients - Dr Johnstone (New Zealand)
   • Summary of poster presentation (3)
4.50pm - 5.00pm Summary and future directions - A/P Jacka (Australia)
5.00pm - 5.05pm Closing
5.30pm - 7.30pm Banquet

CONTACTS

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VENUE INFORMATION

Venue: National Institute of Health and Nutrition (Tokyo, Japan)
Website: http://www0.nih.go.jp/eiken/english/index.html
Map: http://www0.nih.go.jp/eiken/english/map_e.html

RECOMMENDED ACCOMMODATION

Hotel Sunroute Higashi Shinjuku
http://www.hotelsunroutehigashishinjuku.jp/en/
Conference staff will guide participants from this hotel to NIHN (15 min walk) in the morning. Please arrange and pay for accommodation by yourself.