

HEALTH AND NUTRITION NEWS

No. 24

June 15, 2008



Table of Contents

CURRENT RESEARCH PROJECTS	2
Project for the National Health and Nutrition Survey.....	Katsushi Yoshita
RESEARCH FINDINGS	3
Validation of Self-reported Energy Intake – From a Comparative Study with Consumption Energy Measured with the Doubly Labeled Water Method.....	Hitomi Okubo
Effects of Elevated Energy Expenditure after Physical Activity on Energy Consumption per Day	Kazunori Ohkawara
A Study on Seasonal Variations in Nutrients and Food Groups and the Relation between Vegetable Consumption and Nutrients/Food Groups in a Rural Area of Toyama.....	Miho Nozue
A Study on Effects of the Resistance Training with Slow movement and Tonic Force Generation (LST) on Muscular Size and Strength.....	Michiya Tanimoto
About the NIHN	7
Topics	8
Report of the 51 st Annual Meeting for the Japan Diabetes Society.....	Tetsuya Kubota