

The 4th Asian Network Symposium on Nutrition
Nutrition Education Program for National Health Promotion in Asian
Countries: a Focus on School-based Program

Date: 8th September, 2010 (Wednesday) 14:00~17:30

Venue: National Institute of Health and Nutrition

1-23-1, Toyama, Shinjuku, Tokyo, 162-8636



Background

The National Institute of Health and Nutrition (NIHN), established in 1920, is the world's oldest national research institute in the field of nutrition.

"Asian Network Symposium on Nutrition" is the main international symposium hosted by the NIHN, which has been held once every two years since 2004. The first symposium entitled "Optimizing Maternal and Child Nutrition for the Prevention of Chronic Diseases" was held in January 2004, followed by the second one entitled "Nutrition Reference and Dietary Recommendation in Asian Countries ~ from nutrition science to policy~ (March, 2006) and the third one entitled "Nutrition Monitoring and Community Nutrition Programs for National Health Promotion in Asian countries (March, 2008)". At each symposium, the nutrition researchers and professionals, both in Japan and abroad, were invited for the academic debates and exchange of views on the issues related to the sub-theme.

The 4th symposium will be held on 8th September 2010, with the theme of nutrition education program, in particular the school-based ones. In Japan, the school lunch system has been well functioning under legislation by School Lunch Law enacted in 1954. By which, nutritional and growth status of Japanese children has been greatly improved. Governmental effort in the field of nutrition education was further enhanced by establishment of "Basic Law on Shokuiku" and "Nutrition teacher system" enacted in 2005.

Recently, importance of school-based nutrition education program toward not only nutritional improvement among children but also national health promotion has been well acknowledged worldwide. At the upcoming symposium, we expect to deepen the debates on present situation and future direction of each country and the Asian region.

Supporting bodies:

- * Ministry of Health, Labour and Welfare, Japan
- * The Japan Dietetic Association
- * The Japanese Society of Nutrition and Dietetics
- * The Japanese Society of Nutrition and Food Science

Program

14:00 Opening Address
Dr. Shinkan Tokudome (Director-General, NIHN)

14:10 Symposium

Chairpersons: **Dr. Nobuo Nishi**
(Director, Center for Collaboration and Partnership, NIHN)
Dr. Shigeru Yamamoto
(Professor, Ochanomizu University Graduate School)

① School-based Nutrition Education Programs in Korea

Dr. Jihyun Yoon
(Professor, Department of Food and Nutrition,
Seoul National University)

② The Goal and Practice of School Meal Programs in Taiwan

Dr. Yueching Wong
(Associate Professor, Department of Nutrition,
Chung Shan Medical University, Taiwan)

③ School Meal Program in Ho Chi Minh City, Vietnam:
Reality and Future Plan

Dr. Duc Son Nguyen Trung Le
(Senior Researcher, Nutrition Center of Ho Chi Minh City, Vietnam)

④ Promoting Healthy Eating in Schools

Ms. Letty Shiu
(Manager, Youth Health Programme Development (1)
Youth Health Division, Health Promotion Board, Singapore)

15:30~15:50 Coffee Break

⑤ School Lunch for Improving Children's Health

Ms. Nobuko Tanaka
(School Lunch Senior Specialist, School Health Education Division,
Ministry of Education, Culture, Sports, Sciences and Technology, Japan)

16:10 Open Discussion

Debaters:

Dr. L.T. Cavalli-Sforza
(Regional Adviser in Nutrition, WHO Regional Office for the Western Pacific)

Dr. Takanori Noguchi
(Chief of Nutrition Management Unit, Office for Lifestyle-related diseases
Control, Ministry of Health, Labour and Welfare)

Ms. Mitsuko Otome
(School Nutrition Teacher, The 2nd Matsue Elementary School)

Dr. Alka Mohan Chutani
(Chief Dietitian, All India Institute of Medical Sciences)

Ms. Tebogo T. O Leepile
(Master student, Ochanomizu University Graduate school)

Dr. Shinkan Tokudome (Director-General, NIHN)

17:20 Closing Address

Dr. Nobuaki Shibaie (Executive Director, NIHN)

Secretariat: Project for International Research and Development, NIHN

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