

The 3rd Asian Network Symposium on Nutrition
Nutrition Monitoring and Community Nutrition Programs
for National Health Promotion in Asian countries

Date: 1st March, 2008 (Saturday) 13:30~17:30

Venue: National Institute of Health and Nutrition

1-23-1, Toyama, Shinjuku, Tokyo, 162-8636



Background

The National Institute of Health and Nutrition (NIHN), established in 1920, is the world's oldest national research institute in the field of nutrition.

"Asian Network Symposium on Nutrition" is the main international symposium hosted by the NIHN, which has been held once every two years since 2004. The first symposium entitled "Optimizing Maternal and Child Nutrition for the Prevention of Chronic Diseases" was held in January 2004, followed by the second one entitled "Nutrition Reference and Dietary Recommendation in Asian Countries ~ from nutrition science to policy~" in March 2006. At each symposium, the nutrition researchers and professionals, both in Japan and abroad, were invited for the academic debates and exchange of views on the issues related to the sub-theme.

The 3rd symposium will be held on 1st March 2008, with focusing on the theme of community nutrition programs and nutrition monitoring. In Japan, the National Nutrition Surveys have been undertaken annually since 1946, which contributed to identify the priority nutrition issues among the population, as well as to promote community-based nutrition programs.

Now, many countries face with "double burden of malnutrition": the persistent of undernutrition along with a rapid rise in obesity and diet-related chronic diseases. With a growing awareness of importance of nutrition monitoring to address the priority issues, the number of countries who introduced a regular nutrition monitoring at the national level has been increasing. At the upcoming symposium, we expect to deepen the debates on present situation and future direction of each country and the Asian region.

Supporting bodies:

- * Ministry of Health, Labour and Welfare, Japan
- * The Japan Dietetic Association
- * The Japanese Society of Nutrition and Dietetics

Program

13:30 Opening Address
Dr. Shaw Watanabe (Director-General, NIHN)

13:40 Symposium

Chairperson: **Dr. Nobuo Yoshiike**
(Director, Center for Collaboration and Partnership, NIHN)

① Country report ~ Philippines

Ms. Felicidad Velandria
(Supervising Science Research Specialist and Study Leader National Nutrition & Health Survey, Nutrition Assessment & Monitoring Division, Food and Nutrition Research Institute, Philippines)

② Country report ~ Vietnam

Dr. Le Bach Mai
(Director, Department of Community Nutrition, National Institute of Nutrition, Vietnam)

③ Country report ~ Malaysia

Prof. Khor Geok Lin
(Head, Community Nutrition Unit
Department of Nutrition and Dietetics, Faculty of Medicine and Health Sciences, University of Putra Malaysia, Malaysia)

④ Country report ~ Korea

Dr. Cho-il Kim
(Director, Center for Nutrition Policy & Promotion, Korea Health Industry Development Institute, Korea)

15:00~15:20 Coffee Break

⑤ National Health and Nutrition Survey in Japan

Dr. Katsushi Yoshita
(Project leader, Project for the National Health and Nutrition Survey, Nutritional Epidemiology Program, NIHN)

15:40 Open Discussion

Debaters (tentative):

Dr. L. T. Cavalli-Sforza (The World Health Organization/WPRO)

Prof. Chigusa Date (Nara Women's University)

Prof. Shigeru Yamamoto (Ochanomizu University)

Prof. Atsuko Isoda (Kagawa Nutrition University)

(tbc)

(tbc)

Dr. Shaw Watanabe (Director-General, NIHN)

Dr. Nobuo Yoshiike (Director, Center of Collaboration and Partnership, NIHN)

17:20 Closing Address

Dr. Nobuaki Shibaie (Executive Director, NIHN)

Secretariat: Project for International Research and Development, NIHN

E-mail: mikimiy@nih.go.jp